

DATE AND TIME	ACTIVITIES – FIRST WEEK
Sat. May 19 th , 2012	Arrival to Juan Santamaría International Airport (SJO), in Costa Rica. A member of the host family will be at the airport with a sign with the student's name on it if arrival is before 10:00 p.m. If arrival is past 10:00 p.m. the participant will go to a hotel in the Alajuela area and the pick-up will be the following day.
Sun. May 20 th , 2012	The host family will show the student the surroundings as a tool to recognize the area and where the closest internet service is. If necessary to exchange money, the host family will show the participant how to get to the Mall where some banks are open on Sundays.
Mon. May 21 st 7:30 a.m. 08:00 a.m. – 12:00 m.d. 12:45 p.m. – 3:30 p.m.	A family member will show the participant the way to the public bus stop. Make sure you wear comfortable walking shoes, because you will walk a lot during the day. ICLC Orientation Session, Oral Interview (OPI) and written test Cultural walking tour to Grecia. Families will pick up the students in a meeting point to show them the way back home.
Tue. May 22 nd 8:00 a.m. – 12:00 m.d. 12:15 p.m. – 4:00 p.m.	Spanish class Welcome lunch and cultural orientation visit to Alajuela. Visit to the Museum and to Sr y Sra Wood factory
Wed. May 23 rd 8:00 a.m. – 12:00 m.d. 12:30 p.m. – 1:30 p.m.	Spanish class Workshop: Dancing class
Thu. May 24 th 8:00 a.m. – 12:00 m.d. 12:30 p.m. – 3:30 p.m.	Spanish class Site visit: Butterflies farm in Sarchí (Optional activity – participants will cover bus transportation fee)
Fri. May 25 th 8:00 a.m. – 12:00 m.d. 10:30 a.m. From 3:00 p.m.	Spanish class Spanish Exam Recommended local visit by your own: Farmers market in Alajuela
Sat. May 26 th - Sun. May 27 th	No activity planned. Advice for weekend activities: ICLC Tourism Information Office on campus



DATE AND TIME		ACTIVITIES – SECOND WEEK
Mon. May 28 th	8:00 a.m. – 12:00 m.d. 12:30 p.m. – 1:30 p.m.	Spanish class Workshop: <u>Grammar doubts</u>
Tue. May 29 th	8:00 a.m. – 12:00 m.d. 12:30 p.m. – 2:30 p.m.	Spanish class Chilean movie: <u>Machuca</u> Machuca is a 2004 film written and directed by Andrés Wood. Set in 1973 Santiago during Salvador Allende's socialist government and shortly before General Augusto Pinochet's military coup in 1973, the film tells the story of two friends, one of them the very poor Pedro Machuca who is integrated into the elite school of his friend Gonzalo Infante.
Wed. May 30 th	8:00 a.m. – 12:00 m.d. 12:30 p.m. – 1:30 p.m.	Spanish class Lecture: <u>The Costa Rican Health System</u> Educational objective: Time to learn about Costa Rican Institutions
Thu. May 31 st	8:00 a.m. – 12:00 m.d. 10:30 a.m. 12:30 p.m. – 3:30 p.m.	Spanish class Spanish Exam Educational site visit: <u>Children Hospital</u> . Public transportation. (Optional activity – participants will cover bus transportation fee)
Fri. June 1 st	8:00 a.m. – 12:00 m.d.	Spanish class
Sat. June 2 nd - Sun. June 3 rd		No activity planned. Advice for weekend activities: ICLC Tourism Information Office on campus



DATE AND TIME		ACTIVITIES – THIRD WEEK
Mon. June 4 th	8:00 a.m. – 12:00 m.d. 12:30 p.m. – 2:30 p.m.	Spanish class Round Table Activity / local families will be invited. Topics: perception of the Tico population about the Costa Rican health system. Their personal experiences with CCSS (Caja Costarricense del Seguro Social).
Tue. June 5 th	8:00 a.m. – 12:00 m.d. 12:30 p.m. – 2:30 p.m.	Spanish class Costa Rican movie Directed by Esteban Ramírez: Gestación (Gestation 2009) Inspired by a true story, is about Jessie, a pretty and energetic 16 year old girl from the slums and Teo, an affectionate adolescent, only child of a strict professional that moves in upper middle class circles. The arrival of a baby will test their relationship.
Wed. June 6 th	8:00 a.m. – 12:00 m.d. 12:30 p.m. – 1:30 p.m.	Spanish class Lecture: Use of medicinal plants in Costa Rica Educational objective: To learn about alternative remedying
Thu. June 7 th	8:00 a.m. – 12:00 m.d. 10:30 a.m. 12:30 p.m. – 3:00 p.m.	Spanish class Spanish Exam Site visit: Los Manantiales . River walk, waterfalls and swimming pool (Optional activity – participants will cover bus transportation fee)
Fri. June 8 th	8:00 a.m. – 12:00 m.d. From 12:30 p.m.	Spanish class Recommended local visit by your own: Birds Zoo in Alajuela , which is also a rescue center.
Sat. June 9 th - June 10 th		No activity planned. Advice for weekend activities: ICLC Tourism Information Office on campus





Instituto de Cultura
y Lengua Costarricense

SALUD Program – 4 or 5 weeks
From May 19th through June 23rd, 2012
Itinerary of the Culture and Language Program

DATE AND TIME		ACTIVITIES – FOURTH WEEK
Mon. June 11 th	8:00 a.m. – 12:00 m.d. 12:30 p.m. – 1:30 p.m.	Spanish class Workshop: Grammar doubts
Tue. June 12 th	8:00 a.m. – 12:00 m.d. 12:30 p.m. – 2:30 p.m.	Spanish class Orientation for Clinical Observation placements Visit to the assigned clinical observation placement. Purpose of the visit: find out exact location.
Wed. June 13 th	8:00 a.m. – 12:00 m.d. 12:30 p.m. – 1:30 p.m.	Spanish class Workshop: Traditional games Educational objective: Time to share with local children – Physical activity as a way to improve health.
Thu. June 14 th	8:00 a.m. – 12:00 m.d. 8:30 a.m. 10:30 a.m. 12:30 p.m. – 3:00 p.m.	Spanish class Activity: Planting trees (planting for the future-conservation project) Spanish Exam (final) Site visit: Snake farm in Grecia (Optional activity – participants will cover bus transportation fee) You could request information about Antivenoms, immunoglobulin preparations derived from animal purified plasma, normally equine or ovine plasma that have been immunized with snake venom. If you are interested, search for Clodomiro Picado, a Costa Rican Scientist that developed his greatest international study about the creation of various anti-venom serums. This led to the foundation of the Instituto Clodomiro Picado in 1970. It is a research unit of the University of Costa Rica, dealing with Toxicology, Herpetology and Immunology. It also deals with the production of anti-venom. It was named for him in honor of his life's work.
Fri. June 15 th	8:00 a.m. – 12:00 m.d. 11:30 a.m.	Spanish class Farewell activity: Certificate of completion
Sat. June 16 th		For those returning to the USA make sure you are at the airport 3 hours before your flight departure. Airport Tax: US\$28 will be charged by the Airport.



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DATE AND TIME	FIFTH WEEK
Monday June 18 – Friday June 22	Usually from 07:00-15:00 Clinical observation placements in a rural clinic or senior’s day care.
Sat. Jun. 23 rd	Return to the USA Make sure you are at the airport 3 hours before your flight departure. Airport Tax: US\$28 will be charged by the Airport.

This document can be downloaded during your program period at:
http://www.iclc.ws/documents/SALUD_PROGRAM_2012_activities_calendar.pdf

